

Policy in Action Training: Maximizing Physical Activity Opportunities in Tough Budget Times



March 11, 2010 | 9:30 a.m. – 2:30 p.m.
Alameda County Office of Education, Room 142
313 W. Winton Avenue | Hayward, CA 94544 | (510) 887-0152

Welcome and Introductions Christine Boynton, Project EAT Director, Alameda COE Martin Gonzalez, Deputy Executive Director, CSBA	9:30 a.m.
Setting Direction: Active Bodies, Active Minds Lindsey Cox, Physical Activity Specialist, California Project LEAN	9:45 a.m.
Making the Case: Activity Matters Dr. Lucy Phuong, Pediatrician, Kaiser Permanente-Hayward Craig McKinley, Physical Education Coordinator, Alameda COE	10:00 a.m.
Physical Activity Break Courtney Sjoerdsma, Elite Trainer, the SPARK Program	10:30 a.m.
Achieving Excellent Physical Education (P.E.) Panel Jill Wynns, Board Member, San Francisco USD Michelle Zapata, Physical Education Program Administrator, San Francisco USD Moderator: Victoria Berends, Marketing Director, California Project LEAN	10:45 a.m.
Monitoring for Success: Moderate to Vigorous Physical Activity in P.E. Hannah Thompson, Research Associate, University of California, San Francisco	11:15 a.m.
Policy in Action: Group Activity Katherine Hawksworth, Health Educator, California Project LEAN	11:25 a.m.
Recess before Lunch Jeremy Lansing, Training Manager, Playworks	12:00 p.m.
Lunch	12:15 p.m.
Collaboration in Action: Maximizing Physical Activity Opportunities Betsy McNeil, Student Wellness Consultant, CSBA Michelle Mount, <i>Fit for Learning</i> Coordinator, Santa Clara COE	12:45 p.m.
Successful Strategies: Integrating Physical Activity throughout the School Day Lloyd Nadal, Program Director, CANFIT Craig McKinley, Physical Education Coordinator, Alameda COE Jeremy Lansing, Training Manager, Playworks Mariah Martin, Physical Activity Program Manager, California After School Resource Center Discussant: Nancy Newkirk, Board President, Sunnyvale School District	1:00 p.m.
Providing Support: Resources for Success Jessica St. John, Physical Education and Physical Activity Consultant, CSBA	2:00 p.m.
Adjourn	2:30 p.m.