

Policy in Action Training: Maximizing Physical Activity Opportunities in Tough Budget Times

February 23, 2010
10:00 a.m. – 3:00 p.m.



Redding Library, Rooms A & B
1100 Parkview Avenue
Redding, CA 96001
(530) 245-7250



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| Welcome and Introductions Jessica St. John, Physical Education/Physical Activity Consultant, CSBA | 10:00 a.m. |
| Setting Direction: Active Bodies, Active Minds Lindsey Cox, Physical Activity Specialist, California Project LEAN Matt Diskin, Director of Physical Education, Gateway USD | 10:15 a.m. |
| Successful Strategies: Integrating Physical Activity throughout the School Day Matt Diskin, Director of Physical Education, Gateway USD George DeFillipo, Superintendent, Bella Vista ESD Moderator: Betsy McNeil, Student Wellness Consultant, CSBA | 10:35 a.m. |
| Policy in Action: Group Activity Jessica St. John, Physical Education/Physical Activity Consultant, CSBA | 11:05 a.m. |
| Recess before Lunch Courtney Sjoerdsma, Elite Trainer, SPARK | 11:35 a.m. |
| Lunch | 11:50 p.m. |
| Collaboration in Action: Safe Routes to School Programs Betsy McNeil, Student Wellness Consultant, CSBA Connie Busse, Executive Director, Cities Counties Schools Partnership Sara Sundquist, Safe Routes to School Program Coordinator, Shasta County Health and Human Services Agency, Public Health Department | 12:30 p.m. |
| Physical Activity Break: Walk to School Assessment Eighth-grade students from Anderson Middle School | 1:00 p.m. |
| City-School Collaborative: The Anderson Middle School Experience Barbara Jackson, Board Member & Senior Project Coordinator, Happy Valley UESD & Anderson Partnership for Healthy Children Christine Haggard, Safe Routes to School Project Facilitator -Anderson Middle School, Shasta County Health and Human Services Agency, Public Health Department Jeff Kiser, Director of Public Works, City of Anderson Moderator: Lindsey Cox, Physical Activity Specialist, California Project LEAN | 1:20 p.m. |
| Policy in Action: Group Activity Connie Busse, Executive Director, Cities Counties Schools Partnership | 2:00 p.m. |
| Providing Support: Resources for Success Jessica St. John, Physical Education and Physical Activity Consultant, CSBA | 2:30 p.m. |
| Discussion and Closing Jessica St. John, Physical Education/Physical Activity Consultant, CSBA | 2:50 p.m. |