CSBA Sample Board Policy

Business and Noninstructional Operations

BP 3550(a)

FOOD SERVICE/CHILD NUTRITION PROGRAM

Note: The following **optional** policy may be revised to reflect district practice. For food sales outside the district's food service program (e.g., by student and adult organizations, through vending machines, or at student stores); see BP/AR 3554 - Other Food Sales.

The Governing Board recognizes that students need adequate, nourishing food in order to grow, learn, and maintain good health. Foods and beverages available through the district's food service program shall:

1. Be carefully selected so as to contribute to students' nutritional well-being and the prevention of disease

(cf. 5141.27 - Food Allergies/Special Dietary Needs)

Note: The federal Child Nutrition and Women, Infants and Children (WIC) Reauthorization Act of 2004 (42 USC 1751 Note) mandates any district participating in the National School Lunch Program (42 USC 1751-1769) and/or any program in the Child Nutrition Act of 1966 (42 USC 1771-1791), including the School Breakfast Program, to adopt a districtwide student wellness policy including nutritional guidelines for all foods available on school campuses; see BP 5030 - Student Wellness for language fulfilling this mandate. Also see the accompanying administrative regulation for state and federal legal requirements pertaining to nutritional standards.

2. Meet or exceed nutritional standards specified in law and administrative regulation

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(cf. 3554 - Other Food Sales)
(cf. 5030 - Student Wellness)
(cf. 5148 - Child Care and Development)
(cf. 5148.2 - Before/After School Programs)
(cf. 6300 - Preschool/Early Childhood Education)
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3. Be prepared in ways that will appeal to students, retain nutritive quality, and foster lifelong healthful eating habits

(cf. 6142.8 - Comprehensive Health Education)

4. Be served in age-appropriate portions

Note: Pursuant to Education Code 38084, the district may determine meal prices consistent with the goal of paying the cost of maintaining the cafeterias; see AR 3551 - Food Service Operations/Cafeteria Fund. Students who meet federal eligibility criteria for the reduced-price meal program cannot be charged more than the amounts listed in 42 USC 1758 and 1773; see AR 3553 - Free and Reduced Price Meals. State and federal reimbursements for all child nutrition programs are administered by the California Department of Education and are based on the number and type of meals served.

FOOD SERVICE/CHILD NUTRITION PROGRAM (continued)

5. Be sold at reasonable prices

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(cf. 3551 - Food Service Operations/Cafeteria Fund)
(cf. 3553 - Free and Reduced Price Meals)
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Note: The following **optional** paragraph reflects the purposes of the California Fresh Start Program (Education Code 49565-49565.8 and 5 CCR 15566-15568, as amended by Register 2006, No. 35) but may also be used or adapted by districts that do not participate in the program.

The district's food service program shall give priority to serving unprocessed foods and fresh fruits and vegetables that are not deep fried.

Note: Pursuant to 7 CFR 210.12, districts participating in the National School Lunch Program are encouraged to promote activities to involve students and parents/guardians in the program. The following **optional** paragraph reflects this intent and should be revised to reflect district practice.

The Superintendent or designee shall encourage the participation of students and parents/guardians in the selection of foods of good nutritional quality for school menus.

The Board desires to provide students with adequate time and space to eat meals. To the extent possible, school, recess, and transportation schedules shall be designed to encourage participation in school meal programs.

The Superintendent or designee shall periodically review the adequacy of school facilities for cafeteria eating and food preparation.

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(cf. 1312.4 - Williams Uniform Complaint Procedures)
(cf. 3517- Facilities Inspection)
(cf. 7110 - Facilities Master Plan)
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Note: The district's food service program is subject to the food safety standards in Health and Safety Code 113700-114437. In addition, 42 USC 1758 requires all schools participating in the National School Lunch and/or Breakfast Program to implement a food safety program for the preparation and service of school meals. See the accompanying administrative regulation for requirements of the food safety program.

In accordance with law, the Superintendent or designee shall develop and maintain a food safety program in order to reduce the risk of foodborne hazards at each step of the food preparation process, from receiving to service.

Note: The following **optional** paragraph reflects the legislative intent expressed in Education Code 49431 and 49431.2 that the Governing Board annually review the district's compliance with nutritional standards.

The Superintendent or designee shall annually report to the Board regarding the district's compliance with state and federal nutritional standards for foods and beverages.

FOOD SERVICE/CHILD NUTRITION PROGRAM (continued)

(cf. 0500 - Accountability)

Legal Reference:

EDUCATION CODE

35182.5 Contracts, non-nutritious beverages

38080-38103 Cafeteria, establishment and use

45103.5 Contracts for management consulting services; restrictions

49430-49436 Pupil Nutrition, Health, and Achievement Act of 2001

49490-49494 School breakfast and lunch programs

49500-49505 School meals

49510-49520 Nutrition

49530-49536 Child Nutrition Act

49540-49546 Child care food program

49547-49548.3 Comprehensive nutrition services

49550-49561 Meals for needy students

49565-49565.8 California Fresh Start pilot program

49570 National School Lunch Act

HEALTH AND SAFETY CODE

113700-114437 California Retail Food Code

CODE OF REGULATIONS, TITLE 5

15510 Mandatory meals for needy students

15530-15535 Nutrition education

15550-15565 School lunch and breakfast programs

15566-15568 California Fresh Start Program

UNITED STATES CODE, TITLE 42

1751-1769h School lunch programs, including:

1751 Note Local wellness policy

1771-1791 Child nutrition, especially:

1773 School breakfast program

CODE OF FEDERAL REGULATIONS, TITLE 7

210.1-210.31 National School Lunch Program

220.1-220.21 National School Breakfast Program

Management Resources:

CSBA PUBLICATIONS

<u>Nutrition Standards for Schools: Implications for Student Wellness,</u> Policy Brief, rev. October 2007 <u>Monitoring for Success: Student Wellness Policy Implementation Monitoring Report and Guide,</u> 2007 <u>Student Wellness: A Healthy Food and Physical Activity Policy Resource Guide, rev. April 2006</u>

CALIFORNIA DEPARTMENT OF EDUCATION MANAGEMENT BULLETINS

06-110 Restrictions on Food and Beverage Sales Outside of the School Meal Program, August 2006 CALIFORNIA DEPARTMENT OF EDUCATION PUBLICATIONS

Healthy Children Ready to Learn, January 2005

CALIFORNIA PROJECT LEAN PUBLICATIONS

Policy in Action: A Guide to Implementing Your Local School Wellness Policy, October 2006

U.S. DEPARTMENT OF AGRICULTURE PUBLICATIONS

<u>Guidance for School Food Authorities: Developing a School Food Safety Program Based on the Process Approach to HACCP Principles, June 2005</u>

Management Resources continued: (see next page)

FOOD SERVICE/CHILD NUTRITION PROGRAM (continued)

Management Resources: (continued)

<u>U.S. DEPARTMENT OF AGRICULTURE PUBLICATIONS</u> (continued)

Dietary Guidelines for Americans, 2005

WEB SITES

CSBA: http://www.csba.org

California Department of Education, Nutrition Services Division: http://www.cde.ca.gov/ls/nu

California Department of Public Health: http://www.cdph.ca.gov

California Healthy Kids Resource Center: http://www.californiahealthykids.org

California Project LEAN (Leaders Encouraging Activity and Nutrition):

http://www.californiaprojectlean.org

California School Nutrition Association: http://www.calsna.org Centers for Disease Control and Prevention: http://www.cdc.gov

National Alliance for Nutrition and Activity: http://www.cspinet.org/nutritionpolicy/nana.html

National Association of State Boards of Education: http://www.nasbe.org

School Nutrition Association: http://www.schoolnutrition.org

U.S. Department of Agriculture, Food and Nutrition Information Center: http://www.nal.usda.gov/fnic